

Explore México City

*- A Journey Through Time, Taste & Local Life -
7 Days / 6 Nights*



On this one week México City highlights tour, we'll visit century's old beautiful palaces, walk through picturesque parks, explore some of the art and history museums, visit ancient ruins, experience busy local markets, and try many of its tasty street foods.

This is an entertaining and informative weeklong tour where we will delve into the history of the Aztec people who populated this area before the Spanish arrived and then how Spain and other European influencers ruled over the local indigenous people for 300 years.

Not only will we experience the historical side of this giant city but also delight in its modern day advances.

Note: This 7 day History & Cultural Tour includes your day of arrival to and departure from México City.



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Highlights

Take in the México City lights at night from the **Torre Latinoamericana Tower** observation deck

View Mexican paintings & sculptures at the **Museo Nacional de Arte** - housed in a magnificent palace

Step into the cavernous **Metropolitan Cathedral**

Visit the “castle on grasshopper hill” - **Castillo de Chapultepec**

Learn about the history of the Spanish conquest of the Aztecs at the **Templo Mayor Museum**

Cruise down some of the original Aztec canals - **Xochimilco**

Sample the many **local street & market foods**

Marvel at the **Teotihuacán** ancient city site

View Mexico’s past at the voluminous **Museo Nacional de Antropología**

Enjoy the **vibrant outdoor night life** on the streets of the city

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Tour Itinerary

Day 1: *Welcome To México City*

Arrive at the México City airport and **meet our host guide** before heading to our hotel where we'll be based for the next six nights. In the evening, we'll enjoy a **welcome dinner** followed by a visit to the **Torre Latinoamericana's observation floor** for panoramic views of the city lights. (D)

Day 2: *Teotihuacán Ancient City Ruins*

We'll start the day like locals—riding the Metro and a bus to reach the vast and **mysterious ruins of Teotihuacán**. Our host guide will walk us through the major sites and share insights into the city's ancient history. Later, we'll return to our hotel. In the evening, we'll take in the **street night life** near our hotel. (B,L)

Day 3: *Mexico City Historic District*

Today we'll set out on foot to explore the heart of the city. We'll visit **Palacio de Bellas Artes**, stroll down pedestrian-only Calle Madero, and take in the Zócalo, **Metropolitan Cathedral**, and **Templo Mayor Museum**. After lunch, we'll wander through **Alameda Park** and end at the **Diego Rivera Mural Museum** to view his powerful mural. The evening is free to explore on our own. (B,L)

Day 4: *Neighborhoods, Tastes & Market Life*

We'll begin the day exploring one of Mexico City's livelier **neighborhoods**, sampling **street food** and getting a feel for daily life. From there, we'll head to the massive **La Merced Market** to dive into its maze of stalls, tasting regional specialties—and maybe even trying a few edible insects. It's a **full-sensory experience** that highlights the city's bold flavors and layered culture. The evening is free to explore on our own. (B,L)

Day 5: *Anthropology, Chapultepec*

Castle & National History Museum

We'll begin at the world-class **Anthropology Museum**, home to México's most iconic pre-Hispanic artifacts. Then we'll make our way to **Chapultepec Castle** - once the residence of Emperor Maximilian and a key site in the final battles of the Mexican-American War. Now it houses the **National History Museum** and offers sweeping views of the city. The evening is free to explore on your own. (B,L)



Terms & conditions apply.

Prices & activity schedule are subject to change.

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Tour Itinerary - continued

Day 6: **México's National Art Museum & Xochimilco Canals**

This morning we'll visit **México's National Art Museum**, housed in a magnificent former palace - offering both a stunning art collection and architectural beauty. In the afternoon, we'll head to the canals of **Xochimilco**, a rare window into what life looked like here when the Aztecs thrived and the Spanish first arrived in the early 1500s. We'll cap off our week with a fun and flavorful **farewell dinner**. (B,L,D)

Day 7: **Transfer to Airport**

Our tour officially ends after breakfast at our hotel. Our host guide will make sure we arrive to the airport in time for our flight home or to our next adventure destination. (B)

Please Note: Participants on this tour will be walking 2-4 miles each day.

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Tour Price Includes

- Private México City exploration tour
- Airport transfers - arrival & departure
- Historian & host guide during your tour
- Getting around - travel like a local on public transportation with your guide
- All activities as listed in the itinerary
- 6 nights of hotel lodgings
- 6 breakfasts, 5 lunch, 2 dinners
- Tip for your host guide

Excludes

Airfare
Alcoholic drinks
Trip medical insurance
Trip interruption insurance

Fine Print

This 7-day private tour runs Sunday to Saturday.

Available for departure anytime from June 2025 to the end of November 2026.

Contact us to check availability for your preferred dates.

"Travel and change of pace impart new vigor to the mind." - Seneca